

Newsletter



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Greetings, Folks

Well, we're experiencing some interesting times, weather-wise, with droughts and never knowing what's next, and as for these earthquakes – has someone been testing some nuclear devices in vulnerable places or is Mother Earth just getting brassed off at us humans? Then again, maybe it's just that the news gets through and as we know the earth is a constantly changing creature.

We've been celebrating our 5th birthday in the shop with a few giveaways and a big prize basket for in-the-shop entries. The winner was Karen from Auckland.

We've had a pretty busy Christmas/New Year season which had a slight lull before Beach Hop and Easter – lots of challenges with consultations, back-work, massages, questions on you-name-it and lots of Rock 'n' Roll over Beach Hop!

We have launched our new cream Arth-Ease – ask for a sample.

Arth-ease

This cream is made with the intention of easing the pain and reducing the inflammation where there are the ongoing conditions of Arthritis, Gout, Rheumatism etc.

Apply as necessary when and where needed.

The ingredients are noted historically for the following effects:-

Clove oil – Neuralgic, anti-rheumatic

Marjoram oil – Warming, nervine, analgesic

Eucalyptus oil – Analgesic, neuralgic

Cajeput oil – Warming, analgesic

Vitamin C

Herbal Tinctures of:

Devil's Claw – Anti-rheumatic, anti-arthritis, anti-inflammatory

Wood Betony – Analgesic, nervine

Horsetail – High in silica for flexibility

Pukatea (NZ) – Strong analgesic, neuralgic

Kumarahou (NZ) – Blood purifier

Aloe Vera – Anti-inflammatory

In a 50% Aloe Vera base without animal or petroleum products

We have decided to do a few Expos again this year: -

May 29/30 Palmerston North Women's Lifestyle (staying with Maureen's sister)

August 7/8 Wellington Women's Lifestyle

Oct 30/31 Hamilton Healthy Lifestyle

So it will be great to catch up with a few of you at these – we can do or bring special requests – even on the way through.

We shall also be in New Plymouth mid-June to work on a few of the staff of one of our pleased clients.

Later this month we are involved in a trip around some special places with Gary Cooke where there will be connection with an assortment of Earth healers, Medicine men and Roger is down as "Herbal alchemist". This should be quite exciting as we share information and energy.

We have booked our tickets to Tasmania in September so will either close down for a week or have someone minding the shop.

A while ago I had a bloody nose so tried something I had been told about – a little cayenne powder on a tissue inserted stopped the bleeding rapidly and not too hot to handle!

This newsletter I would like to highlight the wonderful benefits of Siberian Ginseng. A long time favourite of mine as it covers many of my needs in 1 capsule rather than having to take several different products. Really beneficial for men and women, a popular and regular seller in our shop. In China it is considered a cure-all.

1/ Hormonal for both men and women – it regulates and balances. Men can use it for alleviating and/or preventing impotency.

2/ Builds physical health – shift workers and people who put a lot extra into their day have improved performance.

3/ Athletes increase their stamina when using 10 – 20 grams per day.

4/ Helps you cope with stress, increases mental function and because it is an adaptogen, it helps balance and strengthens against chronic stress conditions (it doesn't work on inflammation and fever).

5/ Benefits pituitary and adrenal glands.

6/ Regulates and normalises blood pressure and blood sugar levels.

7/ This is a really good one – considered to slow the ageing process.

It is recommended that you cut down on caffeine while taking this. Take this wonderful herb 20 minutes before meals.



Retail \$27.80 Member price \$21.50 per 100

Natural Therapy Regulation

Despite having made promises to the contrary this government is about to introduce legislation governing the Natural Health industry. From the discussion papers have received for submission it would appear that a lot of it is driven by the perceived need to comply with our major trading partners – which is interesting in that the Australian T.G.A. is one of the most draconian in the world and is totally autonomous i.e. it cannot be controlled by elected representatives.

I have also received data (which I can send you) showing the relativity of “Highly preventable deaths related to hospital care” to “Natural Healthcare and Therapeutic Products”. The ratio is about 270,000 to 1, so it is obviously nothing to do with the necessity.

This will put costs up – you can guarantee it!

One of our regular clients had an argument with a Kenworth on his motorcycle – needless to say he was damaged – broken femur, 9 fractured ribs, compressed L1 & 2, opened up pelvis, badly bruised scrotum. After 4 months he is home from hospital and spinal unit and getting more mobile with regular application of our **Body Stress and Pain Cream** – thinks it's great stuff!

We wish you health and happiness.